

December 2025							December 2025							January 2026						
							Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
							7	1	2	3	4	5	6	4	5	6	7	1	2	3
							14	8	9	10	11	12	13	11	12	13	14	8	9	10
							21	15	16	17	18	19	20	18	19	20	21	15	16	17
							28	22	23	24	25	26	27	25	26	27	28	22	23	24
								29	30	31							29	30	31	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY														
Nov 30	Dec 1	2	3	4	5	6														
	11:15am 12:15pm Yoga	10:30am 11:30am Chair Yoga 11:45am 12:30pm Plastic Bag Recycling Sorting	10:00am 11:30am Technology Class	10:30am 11:30am Aerobics	11:00am 12:00pm Chair Yoga	10:00am 5:00pm West Point Senior Trip														
7	8	9	10	11	12	13														
	11:15am 12:15pm Yoga	10:30am 11:30am Chair Yoga		10:30am 11:30am Aerobics	11:00am 12:00pm Chair Yoga															
14	15	16	17	18	19	20														
	11:15am 12:15pm Yoga	10:30am 11:30am Chair Yoga 11:45am 12:45pm Plastic Bag Recycling Sorting	10:00am 11:30am Technology Class 4:00pm 6:00pm Senior Holiday Dinner (River Dell High School (55	10:30am 11:30am Aerobics 7:00pm 8:30pm RDHS Winter Concert FREE for Seniors @RDHS	11:00am 12:00pm Chair Yoga															
21	22	23	24	25	26	27														
	11:15am 12:15pm Yoga	10:30am 11:30am Chair Yoga		CHRISTMAS	NO CLASSES															
28	29	30	31	Jan 1, 26	2	3														
	11:15am 12:15pm Yoga	10:30am 11:30am Chair Yoga																		

SENIOR VAN: 201-649-9271
GENERAL: 201-261-8200 EXT 8
WWW.ORADELL.ORG/SENIORS
WWW.ORADELL.ORG/RECREATION

Plastic bag recycling sorting 1st & 3rd
Tuesday monthly 11:45am - 12:30pm.
Volunteers needed!

Free walkers & canes available.
Please call 201-261-8200 ext. 8
or email recreation@oradell.org
to schedule a pick up or donation.