

# Oradell Senior Center

## January 2026

January 2026							February 2026						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
4	5	6	7	8	9	10	1	2	3	4	5	6	7
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31	22	23	24	25	26	27	28
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Dec 28	29	30		31	Jan 1, 26 CLOSED - Happy New Year!		2	11:00am 12:00pm Chair Yoga		3			
4	5 11:15am 12:15pm Yoga	6 10:30am 11:30am Chair Yoga 11:45am 12:30pm Plastic Bag Recycling	7 10:30am 12:00pm Bingo	8 10:30am 11:30am Aerobics	9 11:00am 12:00pm Chair Yoga		10						
11	12 11:15am 12:15pm Yoga	13 No Chair Yoga Police Dept Training	14 Police Dept Training	15 10:30am 11:30am Aerobics	16 11:00am 12:00pm Chair Yoga		17						
18	19 CLOSED - Martin Luther King Jr. Day	20 10:30am 11:30am Chair Yoga 11:45am 12:45pm Plastic Bag Recycling	21 10:30am 11:30am Technology Class	22 10:30am 11:30am Aerobics	23 11:00am 12:00pm Chair Yoga		24						
25	26 11:15am 12:15pm Yoga	27 10:30am 11:30am Chair Yoga	28	29 10:30am 11:30am Aerobics	30 11:00am 12:00pm Chair Yoga		31						

SENIOR VAN: 201-649-9271

GENERAL: 201-261-8200 EXT 8

WWW.ORADELL.ORG/SENIORS

WWW.ORADELL.ORG/RECREATION

Plastic bag recycling sorting 1st & 3rd  
Tuesday monthly 11:45am – 12:30pm.  
Volunteers needed!

Free Walkers & Canes available.  
Please call 201-261-8200 ext. 8  
or email [recreation@oradell.org](mailto:recreation@oradell.org)  
to schedule a pick up or donation.