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Governor Phil Murphy • Lt. Governor Sheila Oliver  
Colonel Patrick J. Callahan, Director, State Office of Emergency Management

## ***COVID-19 Press Information***

FOR IMMEDIATE RELEASE

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### **Updated Quarantine Advisory Issued for Individuals Traveling to New Jersey from Alaska, Delaware, Indiana, Maryland, Missouri, Montana, North Dakota, Nebraska, Virginia, and Washington, Bringing Total to 31 States**

*31 States Include Alaska, Alabama, Arkansas, Arizona, California, Delaware, Florida, Georgia, Iowa, Idaho, Indiana, Kansas, Louisiana, Maryland, Missouri, Mississippi, Montana, North Carolina, North Dakota, Nebraska, New Mexico, Nevada, Ohio, Oklahoma, South Carolina, Tennessee, Texas, Utah, Virginia, Washington, and Wisconsin*

**TRENTON** – Governor Murphy today advised individuals traveling to New Jersey from additional states with significant community spread of COVID-19 to quarantine for a 14-day period from the time of last contact within the identified state. The updated advisory includes 10 additional states – Alaska, Delaware, Indiana, Maryland, Missouri, Montana, North Dakota, Nebraska, Virginia, and Washington – with Minnesota removed from the list. The travel advisory applies to any person arriving from a state with a positive test rate higher than 10 per 100,000 residents or a state with a 10 percent or higher positivity rate over a 7-day rolling average.

As of Tuesday, July 21, there are currently 31 states total that meet the criteria stated above: Alaska; Alabama; Arkansas; Arizona; California; Delaware; Florida; Georgia; Iowa; Idaho; Indiana; Kansas; Louisiana; Maryland; Missouri; Mississippi; Montana; North Carolina; North Dakota; Nebraska; New Mexico; Nevada; Ohio; Oklahoma; South Carolina; Tennessee; Texas; Utah; Virginia; Washington; and Wisconsin.

“It is critically important that all New Jerseyans remain committed to beating COVID-19 by remaining vigilant and continuing our collective efforts to reduce new cases and the rate of transmission throughout the state,” **said Governor Murphy**. “In order to prevent additional outbreaks across New Jersey and continue with our responsible restart and recovery process, I strongly encourage all individuals arriving from these hotspot states to proactively get a COVID-19 test and self-quarantine.”

Travelers and those residents who are returning from impacted states should self-quarantine at their home, hotel, or other temporary lodging. Individuals should leave the place of self-quarantine only to seek medical care/treatment or to obtain food and other essential items.

It is expected that individuals will follow the public health advisory to self-quarantine. The list of states will be updated on a rolling basis and is accessible [here](#).