

FREE...NO COST

Health Consultation Program



**You're Invited to Join Us
On Any One
of the Dates Listed!**

**WHERE: Oradell Municipal Bldg.
355 Kinderkamack Road**

**WHEN: 1st & 3rd Thursday of
Every Month**

**TIME: 9:30am-11:30am First
12:00pm – 2:00pm Third**

DATES FOR 2016:

Jan. 7-21	July 7-21
Feb. 4-18	Aug. 4-18
March 3-17	Sept. 1-15
April 7-21	Oct. 6-20
May 5-19	Nov. 3-17

For more information call:

201-261-8106

SERVICES INCLUDE:

- ◆ Health History Evaluation
- ◆ Blood Pressure Measurement
- ◆ Height and Weight
- ◆ Individualized Counseling and Education
- ◆ Referral and Follow-up
- ◆ Confidential Consultation
with a Public Health Nurse

This program is made possible by the contract your local Board of Health holds with the Bergen County Department of Health Services for programs and services like these that are designed to meet the needs of residents.