

# **The Helping Hand Food Pantry**

Hillsdale United Methodist Church  
349 Hillsdale Avenue, Hillsdale

Services towns of Emerson, Hillsdale, Oradell,  
Montvale, Washington Township, Westwood, &  
Woodcliff Lake.

Open:

Monday 5:30 – 7:00 PM

First Saturday 9:00 – 10:30 AM

While we do not verify income, we do require all clients to confirm residency in order to be served.

If you live in any of the 7 towns we service and are experiencing financial difficulties or if you would like more information, please visit our website at [www.helpinghandfoodpantry.com](http://www.helpinghandfoodpantry.com)